



**Wednesday September 18th, 2019**

**OPEN House & Meet the Teacher**

6:00 – 7:00pm.

Light refreshments served.

**Book Fair**

12:00 p.m. - 7:00pm.

We have a goal of raising \$2000.00, which will allow us to purchase additional resources for each class.

**Cross Country Meet**

**Grades 3, 4 & 5**

**Wednesday**

**September 18**

**1:00 – 2:45**

**Henry Park - Medley St.**



**Cross Country** - CHSMES cross country team has started practicing at lunch time.



The Terry Fox Foundation

**Toonie for Terry**

**Friday, SEPTEMBER 27**

**10:30 A.M.**



**Once again, CHSMES is hosting a Terry Fox Walk on Friday, SEPTEMBER 27. All funds raised through our event will be forwarded to the Terry Fox Foundation to further the cause of cancer research. We are asking students to donate a "Toonie" voluntarily. Our walk will follow the same course as last year's event. We will leave the school grounds, and walk up to the mail boxes on Highland Ave., on to Bear Lane, Down Bear Drive and back to the school. Teachers and supervisors will be on hand to assist students along the way. We also invite all parents to walk with us.**

***We thank you for your continued support to a great cause!***

**WASTE FREE LUNCH**

We continue to promote a school-wide Waste-Free Lunch Day. Students are asked to bring a lunch that has no waste.

A waste-free lunch **may include:**

- Reusable lunch bag/box
- Reusable sandwich container
- Reusable drink container
- Reusable containers (for veggies, yogurt, snacks)
- Reusable cutlery
- A cloth napkin
- Whole fruit
- Packing a waste-free lunch for your child not only helps cut down on the amount of waste we generate, it also helps children learn about the importance of making the 3Rs a part of their daily routine.

A waste-free lunch **does not include:**

- A paper or plastic lunch bag
- Sandwich baggies
- Individually wrapped lunches and snacks
- Disposable cutlery
- Paper napkins

Thank you for your support  
Let's help keep Mother Earth Clean

**MILK PROGRAM**

**Chocolate/White milk is available daily for a cost of \$.50. You may purchase a \$5.00 milk card that will give you 10 milk and be more convenient for you and teacher.**